



Approved by:

Gaye Teather

Eagles Rock

4 WALL - 64 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 3 & 4 5 - 6 7 - 8	Side Rock, Cross Shuffle, 1/4 Turn x 2, Cross, Hold Rock right to right side. Recover onto left. Cross right over left. Step left to left side. Cross right over left. Make 1/4 turn right stepping left back. Make 1/4 turn right stepping right to side. Cross left over right. Hold and Clap. (6:00)	Side Rock Cross Shuffle Turn Turn Cross Hold	On the spot Left Turning right Right
Section 2 1 - 2 3 & 4 5 - 6 7 - 8	Side Rock, Cross Shuffle, 1/4 Turn x 2, Cross, Hold Rock right to right side. Recover onto left. Cross right over left. Step left to left side. Cross right over left. Make 1/4 turn right stepping left back. Make 1/4 turn right stepping right to side. Cross left over right. Hold and Clap. (12:00)	Side Rock Cross Shuffle Turn Turn Cross Hold	On the spot Left Turning right Right
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Forward Rock, Walk Back x 2, Back Rock, Step, Touch Rock forward on right. Recover onto left. Walk back right. Walk back left. Rock back on right. Recover onto left. Step right forward. Touch left beside right.	Forward Rock Back Back Back Rock Step Touc	On the spot Back On the spot Forward
Section 4 1 - 2 3 - 4 5 - 6 7 - 8	Rock x 4, Jazz Box, Touch Step left to side rocking weight onto left. Rock onto right. Rock onto left. Rock onto right. Cross left over right. Step right back. Step left to left side. Touch right beside left.	Side Rocks Side Rocks Cross Back Side Touch	On the spot Back
Tag	Wall 2: dance 4-count tag here then start dance again from the beginning.		
Section 5 1 & 2 3 - 4 5 & 6 7 & 8 Note	Chasse Right, Back Rock, Kick Ball Cross x 2 Step right to right side. Step left beside right. Step right to right side. Rock back on left. Recover onto right. Kick left forward. Step left beside right. Cross right over left. Kick left forward. Step left beside right. Cross right over left. Angle body slightly towards left diagonal during counts 5 & 6, 7 & 8.	Side Close Side Back Rock Kick Ball Cross Kick Ball Cross	Right On the spot
Section 6 1 & 2 3 - 4 5 & 6 7 & 8 Note	Chasse Left, Back Rock, Kick Ball Cross x 2 Step left to left side. Step right beside left. Step left to left side. Rock back on right. Recover onto left. Kick right forward. Step right beside left. Cross left over right. Kick right forward. Step right beside left. Cross left over right. Angle body slightly towards right diagonal during counts 5 & 6, 7 & 8.	Side Close Side Back Rock Kick Ball Cross Kick Ball Cross	Left On the spot
Section 7 1 - 2 3 - 4 5 - 6 7 - 8	1/4 Right, 1/2 Right, Back Rock, Full Turn Left (Travelling Forward), Walk x 2 Make 1/4 turn right stepping right forward. Make 1/2 turn right stepping left back. Rock back on right. Recover onto left. Make 1/2 turn left stepping right back. Make 1/2 turn left stepping left forward. Walk forward right. Walk forward left. (9:00)	Turn Turn Back Rock Full Turn Right Left	Turning right On the spot Turning left Forward
Section 8 1 & 2 & 3 - 4 5 & 6 7 & 8	Heel Switches x 3, Hold, Hip Bumps Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right. Touch right heel forward. Hold and clap. Bump hips forward twice. Bump hips back twice.	Heel & Heel & Heel Hold Bump & Bump Bump & Bump	On the spot
Tag 1 - 2 3 - 4	Danced during Wall 2, end of section 4 (then restart dance from beginning) Step right to right side. Touch left beside right. Step left to left side. Touch right beside left.	Side Touch Side Touch	Right Left

Choreographed by: Gaye Teather (UK) November 2007

Choreographed to: 'How Long' by The Eagles (140 bpm) from CD Long Road Out Of Eden (24 count intro)

Tag: There is one short tag danced during Wall 2, at the end of section 4

Choreographer's Note: Beginners' floor split to this track is How Long by Jo Thompson



A video clip of this dance is available to members at www.linedancermagazine.com