STEPPIN'OFF



THEPage



Approved by:

Kim Kay

The Bomp

2 WALL – 64 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 - 4 5 - 8	Right Strut, Left Strut, Rocking Chair Step right toe forward. Drop right heel taking weight. Step left toe forward. Drop left heel taking weight. Rock forward on right. Recover onto left. Rock back on right. Recover onto left.	Right Strut Left Strut Rocking Chair	Forward On the spot
Section 2 1 - 2 3 - 4 5 - 8	Right Strut, Left Strut, Rocking Chair Step right toe forward. Drop right heel taking weight. Step left toe forward. Drop left heel taking weight. Rock forward on right. Recover onto left. Rock back on right. Recover onto left.	Right Strut Left Strut Rocking Chair	Forward On the spot
Section 3 1 – 4 5 – 8	Step, Hold, Pivot 1/2, Hold, Step Pivot 1/4, Cross, Hold Step right forward. Hold. Pivot 1/2 turn left. Hold. (6:00) Step right forward. Pivot 1/4 turn left. Cross right over left. Hold. (3:00)	Step Hold Pivot Hold Step Pivot Cross Hold	Turning left
Section 4 1 – 2 3 – 4 5 – 8	Back, Hold, Together Hold, Forward Shuffle, Hold Step left large step back, pushing bottom back. Hold. Step right beside left. Hold. Step left forward. Close right beside left. Step left forward. Hold.	Back Hold Together Hold Left Shuffle Hold	Back Forward
Section 5 1 – 4 5 – 8	Side Right, Hold, Back Rock, Side Left, Hold, Back Rock Step right large step to right side. Hold. Rock back on left. Recover onto right. Step left large step to left side. Hold. Rock back on right. Recover onto left.	Side Hold Rock Back Side Hold Rock Back	Right Left
Section 6 1 – 4 5 – 8	Rumba Box With Holds Step right to side. Step left eside right. Step right forward. Hold. Step left to side. Step right beside left. Step left back. Hold.	Side Together Step Hold Side Together Back Hold	Right Left
Section 7 1 – 4 5 – 8	Lock Step Back, Hold, Coaster Step, Hold Step right back. Lock left across right. Step right back. Hold. Step left back. Step right beside left. Step left forward. Hold.	Back Lock Back Hold Coaster Step	Back On the spot
Section 8 1 – 4 5 – 8	Walk Hold, Walk Hold, Run 3/4 Turn Walk forward right. Hold. Walk forward left. Hold. Making 3/4 turn left, run round stepping - right, left, right, left. (6:00)	Right Hold Left Hold Run Three Quarters	Forward Turning left
Ending	(Finishes facing front) Dance first 16 counts then: Stomp right forward and open arms out to sides.		

Choreographed by: Kim Ray (UK) May 2015

Choreographed to: 'Who Put The Bomp?' by The Overtones

from CD Saturday Night At The Movies; download available from amazon or iTunes (8 count intro once the music kicks in)

